



Writing strong conclusions

Grade 5 Writing Worksheet

Below is the beginning of an essay about **healthy eating**. Read the essay's introduction and three body paragraphs. Then write the essay's conclusion.

A **conclusion paragraph** should summarize your essay's main points and end with a creative or impactful sentence that wraps up your essay!

Introduction:

Do you scrunch up your nose when someone mentions "health food"? Healthy food can actually still taste delicious! Using fresh ingredients makes your meal full of natural flavors. Experimenting with herbs and spices can also turn any meal into something delicious. Lastly, when we know a dish is nourishing our body, it somehow makes it taste even better.

Body Paragraph #1:

One reason why healthy food can taste good is because using fresh ingredients can make meals burst with natural flavors. On page 22 of the article "The Joy of Healthy Eating," the author states: "Fresh fruits and vegetables bring a burst of flavor that processed foods can't match." This means that when kids choose fresh ingredients over processed foods, they're not just eating healthier; they're also enjoying nature's true flavors!

Body Paragraph #2:

Experimenting with herbs and spices can also help healthy eating taste delicious! Page 35 of the Spice Up Your Life Cookbook says: "Adding herbs and spices to your meals can transform a simple dish into a masterpiece!" This means that by learning to use different seasonings, kids can turn even the simplest meals into delicious treats.

**Body Paragraph #3:**

Furthermore, knowing that a meal is good for you can add an extra layer of satisfaction when you eat it. According to a study featured in *Healthy Mind, Healthy Body Magazine*, "People often report that meals taste better when they know the food is nourishing their body." It's rewarding to know that you are giving your body healthy fuel!

Conclusion:

*NOTE: Sources in this essay are fictional.