



Metric units of capacity: liters and milliliters

Grade 4 Measurement Worksheet

Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 0.46 L = _____ mL
2. 85 L = _____ mL
3. 5 L = _____ mL
4. 0.8 L = _____ mL
5. 0.06 L = _____ mL
6. 7.2 L = _____ mL
7. 8.1 L = _____ mL
8. 0.96 L = _____ mL
9. 0.28 L = _____ mL
10. 0.25 L = _____ mL

Convert milliliters to liters

11. 60.00 mL = _____ L
12. 10,000 mL = _____ L
13. 1,000 mL = _____ L
14. 3,000.0 mL = _____ L
15. 700.0 mL = _____ L
16. 200.00 mL = _____ L
17. 4,000 mL = _____ L
18. 20,000 mL = _____ L
19. 50.00 mL = _____ L
20. 30,000 mL = _____ L



Metric units of capacity: liters and milliliters

Grade 4 Measurement Worksheet

Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 0.46 L = 460 mL
2. 85 L = 85,000 mL
3. 5 L = 5,000 mL
4. 0.8 L = 800 mL
5. 0.06 L = 60 mL
6. 7.2 L = 7,200 mL
7. 8.1 L = 8,100 mL
8. 0.96 L = 960 mL
9. 0.28 L = 280 mL
10. 0.25 L = 250 mL

Convert milliliters to liters

11. 60.00 mL = 0.06 L
12. 10,000 mL = 10 L
13. 1,000 mL = 1 L
14. 3,000.0 mL = 3 L
15. 700.0 mL = 0.7 L
16. 200.00 mL = 0.2 L
17. 4,000 mL = 4 L
18. 20,000 mL = 20 L
19. 50.00 mL = 0.05 L
20. 30,000 mL = 30 L