



Metric units of capacity: liters and milliliters

Grade 4 Measurement Worksheet

Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 7.5 L = _____ mL
2. 62 L = _____ mL
3. 3.8 L = _____ mL
4. 0.4 L = _____ mL
5. 0.48 L = _____ mL
6. 8.4 L = _____ mL
7. 0.70 L = _____ mL
8. 94 L = _____ mL
9. 81 L = _____ mL
10. 0.03 L = _____ mL

Convert milliliters to liters

11. 3,000.0 mL = _____ L
12. 4,000 mL = _____ L
13. 60.00 mL = _____ L
14. 30,000 mL = _____ L
15. 30.00 mL = _____ L
16. 200.00 mL = _____ L
17. 2,000 mL = _____ L
18. 600.0 mL = _____ L
19. 7,000 mL = _____ L
20. 40,000 mL = _____ L



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Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 7.5 L = 7,500 mL
2. 62 L = 62,000 mL
3. 3.8 L = 3,800 mL
4. 0.4 L = 400 mL
5. 0.48 L = 480 mL
6. 8.4 L = 8,400 mL
7. 0.70 L = 700 mL
8. 94 L = 94,000 mL
9. 81 L = 81,000 mL
10. 0.03 L = 30 mL

Convert milliliters to liters

11. 3,000.0 mL = 3 L
12. 4,000 mL = 4 L
13. 60.00 mL = 0.06 L
14. 30,000 mL = 30 L
15. 30.00 mL = 0.03 L
16. 200.00 mL = 0.2 L
17. 2,000 mL = 2 L
18. 600.0 mL = 0.6 L
19. 7,000 mL = 7 L
20. 40,000 mL = 40 L