



Metric units of capacity: liters and milliliters

Grade 4 Measurement Worksheet

Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 0.05 L = _____ mL
2. 40 L = _____ mL
3. 9.2 L = _____ mL
4. 0.4 L = _____ mL
5. 2 L = _____ mL
6. 29 L = _____ mL
7. 2.9 L = _____ mL
8. 0.3 L = _____ mL
9. 95 L = _____ mL
10. 3.3 L = _____ mL

Convert milliliters to liters

11. 60.00 mL = _____ L
12. 100.0 mL = _____ L
13. 10.00 mL = _____ L
14. 70.00 mL = _____ L
15. 300.0 mL = _____ L
16. 3,000.0 mL = _____ L
17. 200.0 mL = _____ L
18. 4,000.0 mL = _____ L
19. 600.0 mL = _____ L
20. 40.00 mL = _____ L



Metric units of capacity: liters and milliliters

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Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 0.05 L = 50 mL
2. 40 L = 40,000 mL
3. 9.2 L = 9,200 mL
4. 0.4 L = 400 mL
5. 2 L = 2,000 mL
6. 29 L = 29,000 mL
7. 2.9 L = 2,900 mL
8. 0.3 L = 300 mL
9. 95 L = 95,000 mL
10. 3.3 L = 3,300 mL

Convert milliliters to liters

11. 60.00 mL = 0.06 L
12. 100.0 mL = 0.1 L
13. 10.00 mL = 0.01 L
14. 70.00 mL = 0.07 L
15. 300.0 mL = 0.3 L
16. 3,000.0 mL = 3 L
17. 200.0 mL = 0.2 L
18. 4,000.0 mL = 4 L
19. 600.0 mL = 0.6 L
20. 40.00 mL = 0.04 L