



Convert units of weight (ounces and pounds)

Grade 3 Measurement Worksheet

Note: 1 pound (lb) = 16 ounces (oz)

Example: 33 oz = 2lb 1 oz

Convert the given measures to new units.

1. 39 lb = _____ oz 2. 8 lb = _____ oz

3. 33 lb = _____ oz 4. 6 lb = _____ oz

5. 24 lb = _____ oz 6. 16 oz = _____ lb

7. 22 oz = _____ lb 8. 29 lb = _____ oz

9. 39 oz = _____ lb 10. 26 oz = _____ lb

11. 8 oz = _____ lb 12. 25 oz = _____ lb

13. 1 lb = _____ oz 14. 15 oz = _____ lb

15. 15 lb = _____ oz 16. 7 lb = _____ oz

17. 17 oz = _____ lb 18. 1 oz = _____ lb



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Note: 1 pound (lb) = 16 ounces (oz)

Example: 33 oz = 2lb 1 oz

Convert the given measures to new units.

1. 39 lb = 624 oz oz 2. 8 lb = 128 oz oz

3. 33 lb = 528 oz oz 4. 6 lb = 96 oz oz

5. 24 lb = 384 oz oz 6. 16 oz = 1 lb lb

7. 22 oz = 1 lb 6 oz lb 8. 29 lb = 464 oz oz

9. 39 oz = 2 lb 7 oz lb 10. 26 oz = 1 lb 10 oz lb

11. 8 oz = 0 lb 8 oz lb 12. 25 oz = 1 lb 9 oz lb

13. 1 lb = 16 oz oz 14. 15 oz = 0 lb 15 oz lb

15. 15 lb = 240 oz oz 16. 7 lb = 112 oz oz

17. 17 oz = 1 lb 1 oz lb 18. 1 oz = 0 lb 1 oz lb