



Metric units of capacity: liters and milliliters

Grade 4 Measurement Worksheet

Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 0.8 L = _____ mL
2. 0.06 L = _____ mL
3. 0.02 L = _____ mL
4. 0.08 L = _____ mL
5. 6.1 L = _____ mL
6. 3.6 L = _____ mL
7. 4.7 L = _____ mL
8. 4 L = _____ mL
9. 3 L = _____ mL
10. 5.5 L = _____ mL

Convert milliliters to liters

11. 30,000 mL = _____ L
12. 40,000 mL = _____ L
13. 200.00 mL = _____ L
14. 100.0 mL = _____ L
15. 3,000.0 mL = _____ L
16. 7,000 mL = _____ L
17. 2,000.0 mL = _____ L
18. 700.0 mL = _____ L
19. 500.0 mL = _____ L
20. 400.00 mL = _____ L



Metric units of capacity: liters and milliliters

Grade 4 Measurement Worksheet

Note: 1 liter (L) = 1,000 milliliter (mL)

Convert litres to milliliters

1. 0.8 L = 800 mL
2. 0.06 L = 60 mL
3. 0.02 L = 20 mL
4. 0.08 L = 80 mL
5. 6.1 L = 6,100 mL
6. 3.6 L = 3,600 mL
7. 4.7 L = 4,700 mL
8. 4 L = 4,000 mL
9. 3 L = 3,000 mL
10. 5.5 L = 5,500 mL

Convert milliliters to liters

11. 30,000 mL = 30 L
12. 40,000 mL = 40 L
13. 200.00 mL = 0.2 L
14. 100.0 mL = 0.1 L
15. 3,000.0 mL = 3 L
16. 7,000 mL = 7 L
17. 2,000.0 mL = 2 L
18. 700.0 mL = 0.7 L
19. 500.0 mL = 0.5 L
20. 400.00 mL = 0.4 L